

**PODSUMOWANIE WYNIKÓW MAŁEGO GP POWIATU NOWOTOMYSKIEGO 2024**

Miejsce	Nazwisko	Imię	Płeć	Klub	Kategoria wiekowa	Porążyn 9.12.2023	Cicha Góra 06.01.2024	Strzyżewo 20.01.2024	Nowy Tomyśl 3.02.2024	Lwówek 9.03.2024	Przyłęk 23.03.2024	Ilość biegów	Suma 4 najlepszych czasów	Średnia z 4 najlepszych czasów
1	Szulec	Dominik	M		M30	00:18:14	00:18:16		00:18:13	00:18:17		4	01:13:00	00:18:15
2	Ceglarek	Mateusz	M	#FEIFERTEAM	M20	00:18:26	00:17:41	00:18:44	00:18:12			4	01:13:03	00:18:16
3	Kaczmarek	Patryk	M	LEBIODA RUNNING TEAM	M20	00:18:51	00:18:04	00:18:52	00:17:47			4	01:13:34	00:18:24
4	Gularek	Szymon	M	TEAM BEROTU	M40	00:19:42	00:18:39	00:19:36	00:18:55	00:18:45		5	01:15:55	00:18:59
5	Kukawa	Hubert	M	Opalenicki Klub Biegacza	M40	00:19:35	00:18:58	00:20:14	00:19:14	00:19:32		5	01:17:19	00:19:20
6	Grabski	Rafał	M	TEAM BEROTU	M30	00:19:35	00:19:06	00:21:06	00:19:40	00:19:25		5	01:17:46	00:19:26
7	Kaczmarek	Łukasz	M	Kuźnia Talentów Kamieniec	M30	00:19:59	00:19:04	00:19:45		00:19:15		4	01:18:03	00:19:31
8	Nowak	Przemysław	M	Opalenicki Klub Biegacza	M40	00:19:47	00:19:18	00:20:21	00:19:29	00:19:35		5	01:18:09	00:19:32
9	Skotarek	Sławomir	M	Opalenicki Klub Biegacza	M50		00:19:10	00:20:26	00:19:48	00:20:07		4	01:19:31	00:19:53
10	Żak	Marek	M		M30	00:20:22	00:20:16	00:20:42	00:20:04	00:19:50		5	01:20:32	00:20:08
11	Wolski	Marek	M		M30		00:19:56		00:20:11	00:20:25		3	01:00:32	00:20:11
12	Ratajczak	Rafał	M	Team W.EG	M40	00:20:25	00:19:56	00:20:33	00:19:49	00:21:05		5	01:20:43	00:20:11
13	Wołk	Marcin	M		M40	00:20:59	00:19:48		00:20:48			3	01:01:35	00:20:32
14	Przybysz	Sławomir	M	Opalenicki Klub Biegacza	M40	00:20:48	00:20:20	00:20:51		00:20:22		4	01:22:21	00:20:35
15	Dolecki	Arkadiusz	M		M40	00:20:51	00:20:35	00:21:47	00:20:36	00:21:01		5	01:23:03	00:20:46
16	Woś	Marcin	M		M30	00:22:10	00:20:49	00:20:01		00:20:41		4	01:23:41	00:20:55
17	Kaniuk	Sławomir	M	Grodziski Klub Biegacza	M50		00:20:23	00:22:05	00:20:39	00:20:38		4	01:23:45	00:20:56
18	Ruta	Dariusz	M		M50	00:21:40	00:20:58	00:21:18	00:20:35	00:20:59		5	01:23:50	00:20:58
19	Sternal	Sebastian	M	Grodziski Klub Biegacza	M40	00:22:14	00:20:51	00:22:01	00:20:43	00:20:47		5	01:24:22	00:21:05
20	Kurek	Robert	M		M50	00:21:47	00:20:53	00:22:20	00:20:58	00:21:12		5	01:24:50	00:21:12
21	Jagiełło	Stefan	M	Vikings Nowy Tomyśl	M20	00:21:23		00:21:59	00:20:50	00:20:50		4	01:25:02	00:21:15
22	Szymkowiak	Andrzej	M	JESTEMODROMKA	M60	00:22:20	00:21:26	00:21:56	00:21:06	00:21:19		5	01:25:47	00:21:27
23	Krajewska	Jolanta	K		K40	00:22:29	00:21:38	00:22:10	00:21:47	00:21:20		5	01:26:55	00:21:44
24	Cicha	Małgorzata	K	sebjak.cc	K30	00:21:56	00:21:46		00:22:02	00:22:07		4	01:27:51	00:21:58
25	Janowicz	Honorata	K	Opalenicki Klub Biegacza	K20		00:22:21	00:22:35	00:21:20	00:21:44		4	01:28:00	00:22:00
26	Wechman	Katarzyna	K	Opalenicki Klub Biegacza	K30		00:21:50	00:22:45	00:21:28	00:22:21		4	01:28:24	00:22:06
27	Dłużyński	Barłomiej	M		M20		00:22:55		00:21:53	00:22:24		3	01:07:12	00:22:24
28	Garzeł	Miroslaw	M	Rako biega	M40			00:22:37	00:22:00	00:22:40		3	01:07:17	00:22:26
29	Fleischer	Przemyslaw	M	TKKF Łabędź Zbąszyń	M30	00:22:24	00:22:40			00:22:17		3	01:07:21	00:22:27
30	Maciałek	Paweł	M	Opalenicki Klub Biegacza	M40	00:22:04	00:21:30			00:24:25		3	01:07:59	00:22:40
31	Jans	Igor	M		M30		00:22:45	00:23:42	00:22:15	00:22:11		4	01:30:53	00:22:43
32	Końska	Tomasz	M	TEAM BEROTU	M40	00:25:07	00:23:12		00:19:10	00:24:43		4	01:32:12	00:23:03
33	Andrzejczak	Anna	K	NKB CHYŻY	K40		00:23:28		00:22:56	00:22:48		3	01:09:12	00:23:04
34	Andrzejczak	Łukasz	M	NKB CHYŻY	M30		00:23:51		00:23:46	00:22:58		3	01:10:35	00:23:32
35	Jeziorecki	Krzysztof	M		M30			00:24:56	00:23:05	00:22:43		3	01:10:44	00:23:35
36	Skorliński	Dawid	M		M20	00:23:15	00:22:50	00:25:16	00:24:43	00:24:28		5	01:35:16	00:23:49
37	Krajewska	Nina	K	GKS TARNOWIA	K20	00:25:04	00:24:09		00:22:41			3	01:11:54	00:23:58
38	Warmuz	Michał	M		M40	00:24:27	00:24:10	00:24:22	00:23:47	00:23:43		5	01:36:02	00:24:00
39	Jans	Zuzanna	K		K30		00:23:57		00:24:22	00:24:07		3	01:12:26	00:24:09
40	Migdał	Jan	M	TKKF ŁABĘDŹ ZBĄSZYŃ	M60	00:24:07	00:24:42	00:25:47	00:24:05	00:24:02		5	01:36:56	00:24:14
41	Menet	Krystian	M	Skate2City	M40		00:24:14	00:25:34	00:24:04	00:23:49		4	01:37:41	00:24:25
42	Lehmann	Krzysztof	M	Phoenix Contact Wielkopolska	M30	00:24:00	00:24:45		00:24:06	00:25:01		4	01:37:52	00:24:28
43	Maciałek	Kamil	M	Opalenicki Klub Biegacza	M20	00:25:48	00:24:30	00:25:59	00:23:52	00:24:24		5	01:38:34	00:24:38
44	Nowak	Andrzej	M	Kąkolewo Biega	M40	00:25:31	00:24:25	00:25:41	00:24:18	00:24:22		5	01:38:36	00:24:39
45	Janelt	Olga	K	Phoenix Contact Wielkopolska	K30	00:24:35	00:24:00	00:27:35	00:25:07	00:25:35		5	01:39:17	00:24:49
46	Kiersztan	Leszek	M	Rozbiegany Lwówek	M50	00:29:17	00:23:07		00:24:03	00:23:01		4	01:39:28	00:24:52
47	Jarnut	Paweł	M	Rozbiegany Lwówek	M30	00:25:04	00:24:47	00:25:28	00:24:30			4	01:39:49	00:24:57
48	Walentowski	Paweł	M	TKKF ŁABĘDŹ ZBĄSZYŃ	M40	00:24:55	00:25:32	00:26:03	00:25:32	00:23:59		5	01:39:58	00:25:00
49	Borkowski	Jakub	M	TKKF ŁABĘDŹ ZBĄSZYŃ	M30		00:24:13	00:26:02		00:24:58		3	01:15:13	00:25:04
50	Stefański	Mateusz	M		M20	00:25:52	00:24:27	00:25:36	00:24:23			4	01:40:18	00:25:04
51	Nowak	Agnieszka	K	Opalenicki Klub Biegacza	K40	00:25:25	00:24:49	00:25:45		00:25:07		4	01:41:06	00:25:17
52	Marszałkiewicz	Adrianna	K	Rozbiegany Lwówek	K20	00:26:25	00:25:24	00:26:04	00:25:08	00:24:34		5	01:41:10	00:25:17
53	Dolecka-Jankiewicz	Monika	K		K40			00:26:21	00:24:20	00:25:15		3	01:15:56	00:25:19
54	Bogucka	Barbara	K	Run Team Rydzyna	K50	00:25:43	00:26:17	00:25:49	00:24:44	00:25:04		5	01:41:20	00:25:20
55	Rzepa	Aurelia	K		K40	00:25:33	00:25:04	00:26:56	00:24:54	00:25:57		5	01:41:28	00:25:22

56	Jeziorecka-Borucka	Monika	K	DUSZNIKI BIEGAJĄ	K30			00:25:44	00:23:49	00:26:37		3	01:16:10	00:25:23
57	Sobieraj	Aneta	K		K30			00:26:21	00:26:34	00:24:59	00:24:42	4	01:42:36	00:25:39
58	Wiśniewska	Małgorzata	K		K50			00:25:59	00:26:45	00:24:53	00:25:13	4	01:42:50	00:25:42
59	Kwiatkowski	Tadeusz	M	Wolszynski Klub Biegowy	M60	00:25:16	00:25:12	00:26:41			00:25:53	4	01:43:02	00:25:46
60	Zawisza	Tomasz	M	Tandhem-NTONBIKE Team	M50	00:24:31	00:26:39	00:28:18	00:29:25	00:23:47		5	01:43:15	00:25:49
61	Kaczmarek	Lidia	K	Klub Szalonego Morsa	K50	00:26:01	00:25:30	00:27:12	00:26:02	00:26:01		5	01:43:34	00:25:54
62	Krygier	Katarzyna	K		K30	00:27:37	00:25:43	00:27:10	00:26:10	00:25:17		5	01:44:20	00:26:05
63	Pukacki	Jarosław	M	Runing Team Przyłek	M40	00:26:39	00:26:19	00:26:58				3	01:19:56	00:26:39
64	Jutkowiak	Tomasz	M	Skate2City	M40	00:27:34	00:25:21	00:26:44	00:27:47			4	01:47:26	00:26:52
65	Szypura	Katarzyna	K	Opalenicki Klub Biegacza	K50	00:27:28			00:27:04	00:26:35		3	01:21:07	00:27:02
66	Malke	Patryk	M	Phoenix Contact Wielkopolska	M30		00:26:41		00:27:29	00:27:02		3	01:21:12	00:27:04
67	Kornosz	Anna	K	Opalenicki Klub Biegacza	K30	00:27:01	00:26:12	00:28:16				3	01:21:29	00:27:10
68	Paluszak	Marta	K		K30		00:26:23	00:28:19	00:27:32			3	01:22:14	00:27:25
69	Rosa	Sebastian	M	sebjk.cc	M30	00:26:28	00:27:07		00:27:16	00:29:28		4	01:50:19	00:27:35
70	Cichowlas	Olga	K	SP Opalenica	K20	00:27:33	00:27:28	00:28:22	00:27:33			4	01:50:56	00:27:44
71	Kupczyńska	Liwia	K		K20	00:27:40	00:27:29	00:28:12				3	01:23:21	00:27:47
72	Freyer	Justyna	K	Phoenix Contact Wielkopolska	K50	00:28:51	00:27:20		00:27:27	00:27:34		4	01:51:12	00:27:48
73	Kupczyński	Dawid	M	Opalenicki Klub Biegacza	M30	00:27:40	00:27:32	00:28:14				3	01:23:26	00:27:49
74	Kaczmarek	Krzysztof	M	Grodziski Klub Biegacza	M50	00:27:21		00:28:35	00:27:39	00:27:43		4	01:51:18	00:27:50
75	Cichowlas	Weronika	K	Opalenicki Klub Biegacza	K30	00:27:50		00:28:22	00:27:43	00:28:11		4	01:52:06	00:28:01
76	Rybak	Paulina	K	TKKF Łabędź Zbąszyń	K30	00:27:28	00:28:39	00:29:06	00:27:17			4	01:52:30	00:28:07
77	Janowicz	Zbigniew	M	Opalenicki Klub Biegacza	M60	00:29:17	00:26:53	00:29:01	00:30:43	00:27:22		5	01:52:33	00:28:08
78	Górczak	Wojciech	M	Bukowski Klub Morsa	M50	00:27:20	00:28:52	00:28:39	00:28:04			4	01:52:55	00:28:14
79	Walentowska	Kinga	K	TKKF ŁABĘDŹ ZBĄSZYŃ	K40	00:29:16	00:28:58	00:29:05	00:26:58	00:28:14		5	01:53:15	00:28:19
80	Górna	Paulina	K		K30			00:28:37	00:27:04	00:29:19		3	01:25:00	00:28:20
81	Maciejewski	Ryszard	M	Grodziski klub biegacza	M40	00:30:06	00:29:40	00:28:01	00:26:14			4	01:54:01	00:28:30
82	Sokalla	Aleksandra	K		K40			00:30:09	00:28:23	00:27:04		3	01:25:36	00:28:32
83	Kardzis	Daniel	M	Bukowski Klub Morsa	M40	00:27:57	00:29:27	00:29:04	00:30:28	00:27:56		5	01:54:24	00:28:36
84	Bartkowiak	Piotr	M	Grodziski Klub Biegacza	M40	00:28:56		00:28:42	00:28:16	00:28:36		4	01:54:30	00:28:37
85	Zajęc	Marcin	M		M40	00:29:06	00:27:31	00:29:55	00:28:25			4	01:54:57	00:28:44
86	Michalszczak	Hanna	K		K50		00:28:33	00:29:35	00:29:02	00:28:43		4	01:55:53	00:28:58
87	Sokółka	Małgorzata	K	Prawie nie biegam	K40	00:29:05	00:28:54	00:29:54	00:28:24	00:29:48		5	01:56:11	00:29:03
88	Wośko	Anna	K	TKKF ŁABĘDŹ ZBĄSZYŃ	K40	00:29:16	00:29:01		00:30:41	00:28:15		4	01:57:13	00:29:18
89	Dziurla	Bartosz	M	Grodziski klub Biegacza	M20	00:30:01		00:31:34	00:28:43			3	01:30:18	00:30:06
90	Kurek	Sylwia	K		K40	00:30:05	00:29:39	00:30:21		00:30:27		4	02:00:32	00:30:08
91	Starosta-Trela	Patrycja	K	Opalenicki Klub Biegacza	K30	00:30:13	00:29:56	00:31:02	00:29:47	00:31:08		5	02:00:58	00:30:15
92	Obst	Natalia	K	DUSZNIKI BIEGAJĄ	K40			00:32:21	00:31:07	00:30:53		3	01:34:21	00:31:27
93	Wrembel	Zuzanna	K		K20	00:33:01	00:30:57	00:32:05		00:29:47		4	02:05:50	00:31:27
94	Nowak	Ewa	K	KAŃKOLEWO BIEGA	K40	00:31:33	00:31:30	00:33:13	00:32:03	00:32:21		5	02:07:27	00:31:52
95	Sternal	Anna	K		K40		00:31:29	00:33:18	00:32:05	00:32:20		4	02:09:12	00:32:18
96	Torba	Sebastian	M		M20	00:30:00	00:29:58	00:37:14		00:34:14		4	02:11:26	00:32:51
97	Kaczmarek	Andrzej	M	Klub Szalonego Morsa	M50	00:33:00	00:32:41	00:34:50	00:34:35	00:32:56		5	02:13:12	00:33:18
98	Walczak	Agnieszka	K	Klub Szalonego Morsa Sieraków	K50	00:34:21	00:32:51		00:33:10			3	01:40:22	00:33:27
99	Nadobnik	Bartosz	M		M30	00:33:21	00:31:46		00:35:30	00:35:37		4	02:16:14	00:34:03
100	Stępień	Maria	K	Opalenicki Klub Biegacza	K60	00:32:25	00:31:38		00:41:01	00:31:45		4	02:16:49	00:34:12
101	Papierz	Violeta	K		K20	00:35:50	00:34:57	00:35:57	00:33:08	00:34:13		5	02:18:08	00:34:32
102	Hojzer	Majka	K		K20	00:37:14	00:34:40	00:37:09		00:36:55		4	02:25:58	00:36:30
103	Kroma	Natalia	K	Opalenicki Klub Biegacza	K40	00:37:26	00:36:35	00:38:03	00:37:08			4	02:29:12	00:37:18
104	Kroma	Krzysztof	M	Opalenicki Klub Biegacza	M40	00:37:26	00:36:37	00:38:05	00:37:09			4	02:29:17	00:37:19
105	Domagalska	Maria	K	Opalenicki Klub Biegacza	K60	00:42:18	00:39:15	00:35:54	00:36:46			4	02:34:13	00:38:33
106	Peikow	Karolina	K	Opalenicki Klub Biegacza	K30	00:42:18	00:39:14		00:41:01			3	02:02:33	00:40:51