

PODSUMOWANIE WYNIKÓW MAŁEGO GP POWIATU NOWOTOMYSKIEGO 2024

Miejsce	Nazwisko	Imię	Płeć	Klub	Rocznik	Kategoria wiekowa	Porażyn 9.12.2023	Cicha Góra 06.01.2024	Strzyżewo 20.01.2024	Nowy Tomyśl 3.02.2024	Lwówek 9.03.2024	Przyłęk 23.03.2024	Ilość biegów	Suma 4 najlepszych czasów	Średnia z 4 najlepszych czasów
1	Szulc	Dominik	M		1988	M30	00:18:14	00:18:16		00:18:13	00:18:17	00:18:10	5	01:12:53	00:18:13
2	Ceglarek	Mateusz	M	#FEIFERTEAM	2005	M20	00:18:26	00:17:41	00:18:44	00:18:12			4	01:13:03	00:18:16
3	Kaczmarek	Patryk	M	LEBIODA RUNNING TEAM	2000	M20	00:18:51	00:18:04	00:18:52	00:17:47		00:18:22	5	01:13:04	00:18:16
4	Gularek	Szymon	M	TEAM BEROTU	1982	M40	00:19:42	00:18:39	00:19:36	00:18:55	00:18:45		5	01:15:55	00:18:59
5	Grabski	Rafał	M	TEAM BEROTU	1992	M30	00:19:35	00:19:06	00:21:06	00:19:40	00:19:25	00:18:57	6	01:17:03	00:19:16
6	Kukawa	Hubert	M	Opalenicki Klub Biegacza	1983	M40	00:19:35	00:18:58	00:20:14	00:19:14	00:19:32		5	01:17:19	00:19:20
7	Kaczmarek	Łukasz	M	Kuźnia Talentów Kamieniec	1990	M30	00:19:59	00:19:04	00:19:45		00:19:15		4	01:18:03	00:19:31
8	Nowak	Przemysław	M	Opalenicki Klub Biegacza	1976	M40	00:19:47	00:19:18	00:20:21	00:19:29	00:19:35	00:19:59	6	01:18:09	00:19:32
9	Skotarek	Sławomir	M	Opalenicki Klub Biegacza	1967	M50		00:19:10	00:20:26	00:19:48	00:20:07		4	01:19:31	00:19:53
10	Żak	Marek	M		1990	M30	00:20:22	00:20:16	00:20:42	00:20:04	00:19:50	00:19:55	6	01:20:05	00:20:01
11	Ratajczak	Rafał	M	Team W.EG	1983	M40	00:20:25	00:19:56	00:20:33	00:19:49	00:21:05	00:20:01	6	01:20:11	00:20:03
12	Wolski	Marek	M		1989	M30		00:19:56		00:20:11	00:20:25	00:19:58	4	01:20:30	00:20:07
13	Przybysz	Sławomir	M	Opalenicki Klub Biegacza	1983	M40	00:20:48	00:20:20	00:20:51		00:20:22	00:20:29	5	01:21:59	00:20:30
14	Kaniuk	Sławomir	M	Grodziski Klub Biegacza	1970	M50		00:20:23	00:22:05	00:20:39	00:20:38	00:20:34	5	01:22:14	00:20:33
15	Dolecki	Arkadiusz	M		1976	M40	00:20:51	00:20:35	00:21:47	00:20:36	00:21:01		5	01:23:03	00:20:46
16	Sternal	Sebastian	M	Grodziski Klub Biegacza	1976	M40	00:22:14	00:20:51	00:22:01	00:20:43	00:20:47	00:20:57	6	01:23:18	00:20:49
17	Ruta	Dariusz	M		1971	M50	00:21:40	00:20:58	00:21:18	00:20:35	00:20:59	00:20:51	6	01:23:23	00:20:51
18	Woś	Marcin	M		1985	M30	00:22:10	00:20:49	00:20:01		00:20:41		4	01:23:41	00:20:55
19	Jagiello	Stefan	M	Vikings Nowy Tomyśl	2004	M20	00:21:23		00:21:59	00:20:50	00:20:50	00:20:44	5	01:23:47	00:20:57
20	Kurek	Robert	M		1973	M50	00:21:47	00:20:53	00:22:20	00:20:58	00:21:12	00:21:33	6	01:24:36	00:21:09
21	Szymkowiak	Andrzej	M	JESTEMODROMKA	1962	M60	00:22:20	00:21:26	00:21:56	00:21:06	00:21:19	00:21:21	6	01:25:12	00:21:18
22	Krajewska	Jolanta	K		1982	K40	00:22:29	00:21:38	00:22:10	00:21:47	00:21:20	00:21:43	6	01:26:28	00:21:37
23	Janowicz	Honorata	K	Opalenicki Klub Biegacza	1995	K20		00:22:21	00:22:35	00:21:20	00:21:44	00:22:00	5	01:27:25	00:21:51
24	Cicha	Małgorzata	K	sebakj.cc	1992	K30	00:21:56	00:21:46	00:22:02	00:22:02	00:22:07	00:21:55	5	01:27:39	00:21:55
25	Wechman	Katarzyna	K	Opalenicki Klub Biegacza	1985	K30		00:21:50	00:22:45	00:21:28	00:22:21	00:22:28	5	01:28:07	00:22:02
26	Jans	Igor	M		1986	M30		00:22:45	00:23:42	00:22:15	00:22:11	00:21:53	5	01:29:04	00:22:16
27	Fleischer	Przemysław	M	TKKF Łabędź Zbąszyń	1987	M30	00:22:24	00:22:40			00:22:17	00:22:06	4	01:29:27	00:22:22
28	Garzeł	Mirosław	M	Rako biega		M40			00:22:37	00:22:00	00:22:40	00:22:58	4	01:30:15	00:22:34
29	Maciatek	Paweł	M	Opalenicki Klub Biegacza	1976	M40	00:22:04	00:21:30			00:24:25	00:22:34	4	01:30:33	00:22:38
30	Andrzejczak	Anna	K	NKB CHYŻY	1984	K40		00:23:28		00:22:56	00:22:48	00:22:45	4	01:31:57	00:22:59
31	Końka	Tomasz	M	TEAM BEROTU	1980	M40	00:25:07	00:23:12		00:19:10	00:24:43		4	01:32:12	00:23:03
32	Jeziorecki	Krzysztof	M			M30			00:24:56	00:23:05	00:22:43	00:22:22	4	01:33:06	00:23:17
33	Andrzejczak	Łukasz	M	NKB CHYŻY	1985	M30		00:23:51		00:23:46	00:22:58	00:23:23	4	01:33:58	00:23:30
34	Skorliński	Dawid	M		1995	M20	00:23:15	00:22:50	00:25:16	00:24:43	00:24:28	00:25:06	6	01:35:16	00:23:49
35	Krajewska	Nina	K	GKS TARNOVIA	2012	K18	00:25:04	00:24:09		00:22:41		00:23:57	4	01:35:51	00:23:58
36	Warmuz	Michał	M		1975	M40	00:24:27	00:24:10	00:24:22	00:23:47	00:23:43	00:24:19	6	01:35:59	00:24:00
37	Jans	Zuzanna	K		1986	K30		00:23:57		00:24:22	00:24:07	00:23:58	4	01:36:24	00:24:06
38	Migdał	Jan	M	TKKF ŁABĘDŹ ZBĄSZYŃ	1959	M60	00:24:07	00:24:42	00:25:47	00:24:05	00:24:02	00:24:21	6	01:36:35	00:24:09
39	Nowak	Andrzej	M	Kąkolewo Biega	1975	M40	00:25:31	00:24:25	00:25:41	00:24:18	00:24:22	00:24:17	6	01:37:22	00:24:20
40	Menet	Krzysztof	M	Skate2City	1979	M40		00:24:14	00:25:34	00:24:04	00:23:49		4	01:37:41	00:24:25
41	Maciatek	Kamil	M	Opalenicki Klub Biegacza	2000	M20	00:25:48	00:24:30	00:25:59	00:23:52	00:24:24	00:25:05	6	01:37:51	00:24:28
42	Lehmann	Krzysztof	M	Phoenix Contact Wielkopolska	1988	M30	00:24:00	00:24:45		00:24:06	00:25:01	00:30:10	5	01:37:52	00:24:28
43	Walentowski	Paweł	M	TKKF ŁABĘDŹ ZBĄSZYŃ	1976	M40	00:24:55	00:25:32	00:26:03	00:25:32	00:23:59	00:23:50	6	01:38:16	00:24:34
44	Zawisza	Tomasz	M	Tandhem-NTONBIKE Team	1973	M50	00:24:31	00:26:39	00:28:18	00:29:25	00:23:47	00:23:45	6	01:38:42	00:24:41
45	Stefański	Mateusz	M		2003	M20	00:25:52	00:24:27	00:25:36	00:24:23		00:24:22	5	01:38:48	00:24:42
46	Janelt	Olga	K	Phoenix Contact Wielkopolska	1991	K30	00:24:35	00:24:00	00:27:35	00:25:07	00:25:35	00:30:08	6	01:39:17	00:24:49
47	Kiersztan	Leszek	M	Rozbiegany Lwówek	1973	M50	00:29:17	00:23:07		00:24:03	00:23:01		4	01:39:28	00:24:52
48	Nowak	Agnieszka	K	Opalenicki Klub Biegacza	1982	K40	00:25:25	00:24:49	00:25:45		00:25:07	00:24:20	5	01:39:41	00:24:55
49	Jarnut	Paweł	M	Rozbiegany Lwówek	1992	M30	00:25:04	00:24:47	00:25:28	00:24:30		00:26:11	5	01:39:49	00:24:57
50	Rzepa	Aurelia	K		1981	K40	00:25:33	00:25:04	00:26:56	00:24:54	00:25:57	00:24:35	6	01:40:06	00:25:01
51	Bogucka	Barbara	K	Run Team Rydzyna	1970	K50	00:25:43	00:26:17	00:25:49	00:24:44	00:25:04	00:24:46	6	01:40:17	00:25:04
52	Sobieraj	Aneta	K		1992	K30		00:26:21	00:26:34	00:24:59	00:24:42	00:24:42	5	01:40:44	00:25:11
53	Marszałkiewicz	Adrianna	K	Rozbiegany Lwówek	1995	K20	00:26:25	00:25:24	00:26:04	00:25:08	00:24:34	00:25:40	6	01:40:46	00:25:11
54	Wiśniewska	Małgorzata	K		1974	K50		00:25:59	00:26:45	00:24:53	00:25:13	00:24:47	5	01:40:52	00:25:13
55	Jeziorecka-Borucka	Monika	K	DUSZNIKI BIEGAJA		K30			00:25:44	00:23:49	00:26:37	00:25:25	4	01:41:35	00:25:24
56	Kwiatkowski	Tadeusz	M	Wolsztyński Klub Biegowy	1951	M60	00:25:16	00:25:12	00:26:41		00:25:53	00:25:38	5	01:41:59	00:25:30
57	Krygier	Katarzyna	K		1985	K30	00:27:37	00:25:43	00:27:10	00:26:10	00:25:17	00:25:46	6	01:42:56	00:25:44
58	Kaczmarek	Lidia	K	Klub Szalonego Morsa	1974	K50	00:26:01	00:25:30	00:27:12	00:26:02	00:26:01	00:26:36	6	01:43:34	00:25:54

59	Pukacki	Jarostaw	M	Runing Team Przyłek	1976	M40	00:26:39	00:26:19	00:26:58			00:26:17	4	01:46:13	00:26:33
60	Jutkowiak	Tomasz	M	Skate2City	1976	M40	00:27:34	00:25:21	00:26:44	00:27:47			4	01:47:26	00:26:52
61	Szypura	Katarzyna	K	Opalenicki Klub Biegacza	1972	K50	00:27:28			00:27:04	00:26:35	00:26:42	4	01:47:49	00:26:57
62	Rosa	Sebastian	M	sebjk.cc	1989	M30	00:26:28	00:27:07		00:27:16	00:29:28	00:28:45	5	01:49:36	00:27:24
63	Kaczmarek	Krzysztof	M	Grodziski Klub Biegacza	1970	M50	00:27:21		00:28:35	00:27:39	00:27:43	00:27:42	5	01:50:25	00:27:36
64	Cichowlas	Olga	K	SP Opalenica	2013	K18	00:27:33	00:27:28	00:28:22	00:27:33		00:28:57	5	01:50:56	00:27:44
65	Kupczyńska	Liwia	K		2013	K18	00:27:40	00:27:29	00:28:12			00:27:40	4	01:51:01	00:27:45
66	Freyer	Justyna	K	Phoenix Contact Wielkopolska	1972	K50	00:28:51	00:27:20		00:27:27	00:27:34	00:28:43	5	01:51:04	00:27:46
67	Kupczyński	Dawid	M	Opalenicki Klub Biegacza	1984	M30	00:27:40	00:27:32	00:28:14			00:27:41	4	01:51:07	00:27:47
68	Malke	Patryk	M	Phoenix Contact Wielkopolska	1987	M30		00:26:41		00:27:29	00:27:02	00:30:07	4	01:51:19	00:27:50
69	Janowicz	Zbigniew	M	Opalenicki Klub Biegacza	1958	M60	00:29:17	00:26:53	00:29:01	00:30:43	00:27:22	00:28:25	6	01:51:41	00:27:55
70	Cichowlas	Weronika	K	Opalenicki Klub Biegacza	1987	K30	00:27:50		00:28:22	00:27:43	00:28:11	00:29:04	5	01:52:06	00:28:01
71	Rybak	Paulina	K	TKKF Łabędź Zbąszyń	1985	K30	00:27:28	00:28:39	00:29:06	00:27:17			4	01:52:30	00:28:07
72	Walentowska	Kinga	K	TKKF ŁABĘDŹ ZBĄSZYŃ	1979	K40	00:29:16	00:28:58	00:29:05	00:26:58	00:28:14	00:28:22	6	01:52:32	00:28:08
73	Górczak	Wojciech	M	Bukowski Klub Morsa	1969	M50	00:27:20	00:28:52	00:28:39	00:28:04		00:29:43	5	01:52:55	00:28:14
74	Górna	Paulina	K			K30			00:28:37	00:27:04	00:29:19	00:27:59	4	01:52:59	00:28:15
75	Kardzis	Daniel	M	Bukowski Klub Morsa	1979	M40	00:27:57	00:29:27	00:29:04	00:30:28	00:27:56	00:28:28	6	01:53:25	00:28:21
76	Sokalla	Aleksandra	K			K40			00:30:09	00:28:23	00:27:04	00:27:50	4	01:53:26	00:28:21
77	Maciejewski	Ryszard	M	Grodziski klub biegacza	1975	M40	00:30:06	00:29:40	00:28:01	00:26:14		00:30:37	5	01:54:01	00:28:30
78	Bartkowiak	Piotr	M	Grodziski Klub Biegacza	1976	M40	00:28:56		00:28:42	00:28:16	00:28:36	00:28:29	5	01:54:03	00:28:31
79	Zajęc	Marcin	M		1979	M40	00:29:06	00:27:31	00:29:55	00:28:25		00:29:14	5	01:54:16	00:28:34
80	Michalszczak	Hanna	K		1973	K50		00:28:33	00:29:35	00:29:02	00:28:43	00:28:32	5	01:54:50	00:28:42
81	Wośko	Anna	K	TKKF ŁABĘDŹ ZBĄSZYŃ	1981	K40	00:29:16	00:29:01		00:30:41	00:28:15	00:28:19	5	01:54:51	00:28:43
82	Sokółka	Małgorzata	K	Prawie nie biegam	1982	K40	00:29:05	00:28:54	00:29:54	00:28:24	00:29:48	00:29:13	6	01:55:36	00:28:54
83	Kurek	Sylvia	K		1975	K40	00:30:05	00:29:39	00:30:21		00:30:27	00:30:14	5	02:00:19	00:30:05
84	Starosta-Trela	Patrycja	K	Opalenicki Klub Biegacza	1991	K30	00:30:13	00:29:56	00:31:02	00:29:47	00:31:08		5	02:00:58	00:30:15
85	Wrembel	Zuzanna	K		2001	K20	00:33:01	00:30:57	00:32:05		00:29:47	00:30:55	5	02:03:44	00:30:56
86	Nowak	Ewa	K	KAŹOLEWO BIEGA	1976	K40	00:31:33	00:31:30	00:33:13	00:32:03	00:32:21	00:32:02	6	02:07:08	00:31:47
87	Sternal	Anna	K		1976	K40		00:31:29	00:33:18	00:32:05	00:32:20	00:32:04	5	02:07:58	00:32:00
88	Stępień	Maria	K	Opalenicki Klub Biegacza	1961	K60	00:32:25	00:31:38		00:41:01	00:31:45	00:33:55	5	02:09:43	00:32:26
89	Torba	Sebastian	M		2004	M20	00:30:00	00:29:58	00:37:14		00:34:14		4	02:11:26	00:32:51
90	Kaczmarek	Andrzej	M	Klub Szalonego Morsa	1971	M50	00:33:00	00:32:41	00:34:50	00:34:35	00:32:56	00:33:06	6	02:11:43	00:32:56
91	Kroma	Krzysztof	M	Opalenicki Klub Biegacza	1980	M40	00:37:26	00:36:37	00:38:05	00:37:09		00:24:31	5	02:15:43	00:33:56
92	Nadobnik	Bartosz	M		1993	M30	00:33:21	00:31:46		00:35:30	00:35:37		4	02:16:14	00:34:03
93	Papierz	Violeta	K		1997	K20	00:35:50	00:34:57	00:35:57	00:33:08	00:34:13		5	02:18:08	00:34:32
94	Hojzer	Majka	K		1997	K20	00:37:14	00:34:40	00:37:09		00:36:55		4	02:25:58	00:36:30
95	Kroma	Natalia	K	Opalenicki Klub Biegacza	1981	K40	00:37:26	00:36:35	00:38:03	00:37:08			4	02:29:12	00:37:18
96	Domagalska	Maria	K	Opalenicki Klub Biegacza	1969	K60	00:42:18	00:39:15	00:35:54	00:36:46			4	02:34:13	00:38:33